

UURROOSTER

JAN '25 - JUN '25

MAANDAG

17U15 - 18U15

A GENTLE PILATES

18U30 - 19U30

A START TO PILATES

19U45 - 20U45

A GENTLE PILATES

DINSDAG

18U - 19U

K ZWANGERSCHAPSYOGA

19U15 - 20U15

K GENTLE VINYASA

20U30 - 21U30

K REFEEL & REFUEL

A = ASHLEY
C = CORALIE
K = KATHLEEN
I = INKA

WOENSDAG

11U - 12U

C MOVING MOM



18U - 19U

A START TO PILATES

19U15 - 20U15

A GENTLE PILATES

20U30 - 21U20

A PILATES

DONDERDAG

18U30 - 19U30

I ZWANGERSCHAPS PILATES

VRIJDAG

9U15 - 11U15

I GENTLE PILATES

10U30 - 11U30

I PILATES